



CTeSP | Curso Técnico Superior Profissional Gestão de Atividades Desportivas

Direction

José Fernando Silva Neto

Number of Semesters

4

ECTS

120

Access Conditions

Candidates must pass two of the following Relevant Areas:

- Mathematics;
- Biology and Geology;
- Economy;
- Portuguese.

About

The main objective of the Higher Professional Technical Course (CTeSP) in Sports Activities Management is to train qualified professionals to plan, organize, promote and manage sports activities, programs and events, as well as infrastructures and equipment associated with the sector. This course aims to meet the demands of a growing market, where sport is becoming a social, economic and cultural phenomenon of increasing relevance. The training combines a strong technical component with a practical and multidisciplinary approach, integrating areas such as management, marketing, administrative and financial management, human resources, communication, legislation, security, event planning and sports entertainment. The course also provides practice in various sports, combined with solid training in aspects related to human development, leadership, teamwork and social responsibility, fundamental elements in professional performance in the sports sector. Throughout the course, students will have direct contact with real work contexts, through partnerships with clubs, associations, gyms, local authorities, schools and companies in the sector. The curricular internship component in a professional environment allows for the consolidation of learning, the development of practical skills and the strengthening of graduates' employability.

Course Plan

Course Structure
1º Ano / General path
Critical Thinking and Argumentation 3 ECTS | Management of Sports Organisations 6 ECTS | Oral and Written Expression Techniques 3 ECTS | Sports Activities and Practices I 6 ECTS | Sports Biomechanics 6 ECTS | Technical English 6 ECTS | Administrative and Financial Management 6 ECTS | Ethics and Sports Legislation 6 ECTS | Management of Sports Facilities and Events 6 ECTS | Sports Activities and Practices II 6 ECTS | Statistics Applied to Management and Sport 6 ECTS |
2º Ano / General path
Administrative Management of Human Resources 3 ECTS | Marketing and Advertising 6 ECTS | Nutrition, Supplementation and Health 3 ECTS | Sport Psychology 3 ECTS | Sports Activities and Practices III 6 ECTS | Sports Project Management and Evaluation 6 ECTS | Trauma prevention and first aid in sport 3 ECTS | Traineeship 30 ECTS |